## Spa Academy School Dinner Menu Spring Term 2024

| WEEK ONE |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Option 1 Red Band | Macaroni Cheesy Pasta and Garlic Bread | Spanish Chicken with Vegetables | Traditional Mince Cobbler With Mashed Potato and Vegetables | Pizza Served with Mixed Salad | Fish Fingers and Chips Served with Peas or Beans |
|  | Option 2 Blue Band | Jacket Potato Served with Beans \& Cheese | Cheese Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna | Ham Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna |
|  | Option 3 Green Band | - | Baked Pumpkin with Winter Vegetables | - | - | Vegetable Patty and Chips Served with Peas or Beans |
|  | Dessert | Fruit Salad \& Yoghurt | Chocolate Pear Pudding \& Caramel Pudding | Cheese and Crackers or Fresh Fruit | Melon Wedges | Great British Bake Day (A selection of treats) |


| WEEK TWO |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Option 1 Red Band | Tomato Pasta Served with Garlic Bread \& Mixed Salad | Chilli Con Carne Served with Rice, Nachos and Veg Sticks | Steak \& Onion Pie Served with Mash \& Vegetables | Chinese Meatballs served with noodles \& Vegetables | Planet Burger served with Wedges \& Salad |
|  | Option 2 Blue Band | Jacket Potato Served with Beans \& Cheese | Ham Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna | Cheese Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna |
|  | Option 3 Green Band | - | - | Vegetable Pie with Mash \& Vegetables | Sticky Quorn served with noodles \& Vegetables | - |
|  | Dessert | Fruit Salad \& Yoghurt | Ginger and Apple Cake with Custard | Chocolate \& Cranberry Cookie | Seasonal Sliced Fruit | Great British Bake Day (A selection of treats) |


| WEEK THREE |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { WEEKS COMMENCING: } \\ & \text { 22den January, 19 } 9^{\mathrm{n}} \text { February, } \\ & 11^{\mathrm{m}} \text { March } \end{aligned}$ | Option 1 Red Band | Spaghetti Bolognaise Served with Garlic Bread | Cheese \& Onion Pasty served with Wedges \& Salad | Traditional Roast Dinner with Yorkshire Pudding, Roast Potatoes \& Vegetables | Chicken Curry served with Naan Bread, Rice \& Vegetables | Salmon Fingers and Chips Served with Peas |
|  | Option 2 Blue Band | Jacket Potato Served with Beans \& Cheese | Ham Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna | Cheese Sandwich Served with Salad | Jacket Potato with Beans, Cheese or Tuna |
|  | Option 3 Green Band | - | - | Vegetarian Sausages with Yorkshire Pudding, Roast Potatoes \& Vegetables | Vegetable Curry served with Naan Bread, Rice \& Vegetables | Quorn Fingers and Chips Served with Peas |
|  | Dessert | Fruit Salad \& Yoghurt | Fruit Jelly | Apple and Cinnamon Flapjack | Fresh Fruit Platter | Great British Bake Day (A selection of treats) |

Fresh fruit salad, yoghurts and milk are available daily as an alternative to dessert. Fresh bread, salad bar and fresh drinking water will be available daily.

* Menu subject to availability.

