



MENU WEEK THREE

W/C 16th Jan, 6th Feb, 27th Feb, 20th Mar

	Make A Difference	Take-Away	Winter Warming	Try Something New	Sustainably Fishy
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Red Band	CREAMY TOMATO PASTA (2) SERVED WITH CRUSTY BREAD (2,13)	CHICKEN AND VEGETABLE TIKKA (7) RICE POPPADOM (2)	ROAST PORK WITH HERBY POTATOES CARROT & SWEDE MASH (7) SEASONAL VEGETABLES YORKSHIRE PUDDING (2,4,7)	FILLED BEEF FLATBREADS (2) SERVED WITH SALAD BOATS	FISH STARS (2,5) CHIPS & PEAS / BEANS
Option 2 Yellow Band	JACKET POTATO TOPPED WITH BEANS, CHEESE OR TUNA SERVED WITH SALAD (4,5,7,9)	JACKET POTATO TOPPED WITH BEANS, CHEESE OR TUNA SERVED WITH SALAD (4,5,7,9)	JACKET POTATO TOPPED WITH BEANS, CHEESE OR TUNA SERVED WITH SALAD (4,5,7,9)	JACKET POTATO TOPPED WITH BEANS, CHEESE OR TUNA SERVED WITH SALAD (4,5,7,9)	JACKET POTATO TOPPED WITH BEANS, CHEESE OR TUNA SERVED WITH SALAD (4,5,7,9)
Option 3 Blue Band	CHEESE BAGUETTE (2,7,13) SERVED WITH A SALAD BOAT	CHICKEN SANDWICH (2,4,7,9,13) SERVED WITH A SALAD BOAT	HAM BAGUETTE (2,7,13) SERVED WITH A SALAD BOAT	TUNA SANDWICH (2,4,5,7,9,13) SERVED WITH A SALAD BOAT	CHICKEN BAGUETTE (2,4,7,9,13) SERVED WITH A SALAD BOAT
Dessert	RASPBERRY RIPPLE SPONGE (2,4,7,13) WITH OPTIONAL CUSTARD (7)	ANGEL DELIGHT (7) & FRESH FRUIT	PEAR FRANGIPAN (2,4,7,13) WITH OPTIONAL CUSTARD (7)	CHOCOLATE FUDGE CAKE (2,4,7,13) SERVED WARM WITH ICE CREAM (7)	GREAT BRITISH BAKE DAY (2,4,7) (A SELECTION OF HOME MADE TREATS INCLUDING GINGERBREAD MEN, BISCUITS AND CAKES)

1Celery

2Cereals containing gluten

3Crustaceans

4Eggs

5Fish

6Lupin

7Milk

8Molluscs

9Mustard

10Nuts

11Peanuts

12Sesame seeds

13Soya

14Sulphur dioxide (sometimes known as sulphites)

All of our meals are served with at least two varieties of seasonal vegetables or Salad

Fresh bread, water and milk served daily